Fitness and Dance Studio

**FITNESS SPECIAL**



**ALL CLASSES FREE!!!**

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**10:00AM – ZUMBA/TONING**

**12 NOON – BELLYDANCE FOR FITNESS**

**2:00PM – R. I. P. P. E. D.**

**4:00PM – STRETCH & STRUT**

**SWEAT, TONE AND BURN CALORIES**

**INSTEAD OF**

**SHOP AND SPEND MONEY**

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